

Financial Health Quiz



How is your financial health?

(Answer yes or no for each question)

Y/N Do you avoid getting credit card cash advances?

Y/N Can you afford to pay for gasoline & groceries without having to charge it onto a credit card?

Y/N Are all your bills current and paid on time?

Y/N Can you afford to pay for car repairs, medical or dental treatments without having to postpone or charge them?

Y/N Do you regularly deposit money into your savings account?

Y/N Are you saving for retirement?

Y/N Do you have a spending plan and follow it?

Y/N Do you have specific financial goals?

Y/N Are your credit card balances well under the limits?

(Answer "Yes" if you have no cards)

Y/N Do you pay more than just the minimum due on your credit cards each month?

(Answer "Yes" if you have no cards)

Y/N Are your finances a non-problem issue (i.e., they don't negatively impact your work or relationships)?

Y/N When you think about your finances, do you feel positive or calm about it vs. anxious, stressed or depressed?

0-1 Total "No" answers

Congratulations! You appear to be in excellent financial health.

2-3

Your finances seem fairly healthy, but you have some areas you should work on improving.

4-5

Your finances are out of shape. Your financial health needs some attention soon.

6 or more

Your finances are in very poor health. Don't despair—there is hope!

No matter what your financial health status is, CCOA can enrich it. Call CCOA today for a free, one-on-one session with a caring financial professional.

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